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**VISIT: Shadow Chancellor  
Ed Balls with Cathy Walsh,  
CEO/Principal of Barking &  
Dagenham College.**



# REALITY CHECK

THE head of Barking and Dagenham claims today's teens are misled by reality TV and urged them to live in the real world instead.

Cathy Walsh, CEO and principal of the college, says youngsters believe that money, celebrity status and success come easy. Her comments came as Shadow Chancellor Ed Balls officially opened the new Technical Skills Academy this week.

The borough is currently trying to tackle its high level of NEETS - teens who are not in education, employment or training.

"Setting yourself up in business takes courage, determination and commitment but the current trend for reality TV shows make entrepreneurship and instant fame look like child's play," she said.

"I enjoy watching reality TV as much as the

next person, especially the business and entrepreneur focused shows, but we have to convey a clear message to teens that money and business opportunities don't get handed to you on a plate in the real world.

However, they are there for the taking if you know how to get them."

Ms Walsh said the problem of NEETS was something the college and the council are looking to challenge.

"This is a growing problem in our borough and it needed to be addressed," she added. "The college and the London Borough of Barking and Dagenham have been working in partnership to build the Technical Skills Academy to give the NEETS some guidance and real-work experiences to introduce them to the opportunities that

are available in the real world - not the make believe world inside their TV screens."

The Technical Skills Academy aims to provide training and skills to 450 teens from Barking & Dagenham and the surrounding areas. The doors opened last month but the was officially opened this week by Shadow Chancellor Ed Balls.

There are still many courses with spaces available to 14-19 year olds including Enterprise and Entrepreneurship, Catering and Professional Cookery, Hairdressing and Beauty, Interactive and Multimedia and Sustainable Construction and Engineering.

Everyone needs to start in business somewhere and we truly believe that we can start these teens on the right path and hand them the tools they need," Ms Walsh added.

## Conservation group

CONSERVATION group the Friends of Wanstead Parklands staged a lecture and walk at the weekend as part of Redbridge Libraries' "OctoberFest" programme of community events.

The Friends of Wanstead Parklands seeks to raise awareness of the history and ecology of Wanstead Park.

For more information visit [www.wansteadpark.org.uk](http://www.wansteadpark.org.uk)

## Bin collections

COLLECTIONS of green wheelie bins in Barking and Dagenham are stopping temporarily for the winter break.

The last collections are due this week and will resume at the end of March 2013.

Those with garden cuttings can still take them to the Frizlands Reuse and Recycling Centre, which is open all year. Visit [www.recycleforyourcommunity.com](http://www.recycleforyourcommunity.com) for more details.

## Spooky event

AN AFTERNOON of free spine-chilling entertainment with a spooky puppet show takes place at the Millennium Centre, in Eastbrookend Country Park next Wednesday.

You must pre book your seats for the puppet show by calling the Parks and Ranger Service on 020 8227 2332. Shows will be taking place at 12.30pm, 1.30pm and 2.30pm.

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## INSIDE this week



Salon goes pink

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## YellowAdvertiser

**Yellow Advertiser Ltd,  
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Lines close on Thursday, November 1, 2012.

Entries received after the closing date will not be counted but may still be charged.



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A CAR showroom has donated £340 to a local hospice.

Dagenham Motors raised the money by hosting a charity football match and handed over a cheque to Saint Francis Hospice on Tuesday.

The match was played in good spirits as dealership staff from Dagenham Motors based in Ripple Road, Barking, and Eastern Avenue, Newbury Park, battled it out for the bragging rights of East London.

Mark Scammell, Used Car Sales Manager at Dagenham Motors, said: "We had great fun raising the money and always enjoy supporting important organisations, such as Saint Francis Hospice, within our community."

Rochelle Hodds, community fundraising co-ordinator at St Francis Hospice said: "Without the support of local people and companies like Dagenham Motors we would not be able to offer services free of charge to local people diagnosed with a life limiting illness. We are so grateful for Dagenham Motors' support for patient care and would like to offer a huge 'Thank You' to everyone who took part."

## Dealership kicks off for charity cause



THANKS: Mark Scammell presents the cheque to Rochelle Hodds.

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# Centre is outstanding

A CHILDREN'S centre has become the seventh in the borough to receive an 'outstanding' rating from Ofsted.

Marsh Green, which is situated on the same grounds as Marsh Green Primary School, opened in November 2006. It obtained grade one in each of the 20 categories in the inspection which took place this month.

Inspectors said: "Marsh Green Children's Centre is an outstanding children's centre which plays an essential role at the heart of the community in enabling a very large majority of families to gain the skills to make important changes to their lives."

"Excellent leadership and management at all

levels inspire staff to bring about outstanding outcomes for families using the centre."

The report went on to say: "The need to safeguard children and their families permeates all aspects of the centre's work and results in them being exceptionally well protected. Ground-breaking approaches and highly-effective partnerships with a range of agencies, especially to improve the financial well-being of many families, and the communication skills of young children are having a significantly positive impact."

The report also recognised that the local authority has very high expectations for staff and families and, through its quality assurance, provides considerable challenge to the centre as

well as support to bring about the best possible outcomes.

Councillor John White, cabinet member for children's services, said: "It is rewarding to hear how much children and families value this outstanding service. I am delighted at the outcome of the inspection, this is fantastic news."

"This result is a tremendous achievement which recognises the enormous work done at the centre and the impact that it has on people's lives."

"The judgement represents the hard work and dedication of everyone who has been involved. "Congratulations to everyone who works at Marsh Green and also the parents and families who support and use this outstanding centre."



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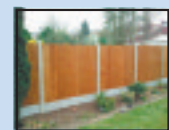
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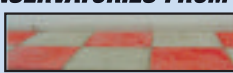
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**CHARITY:** Barry Hearn and Steve Davis with golfers at the Saint Francis Hospice Autumn Golf Day (left) while right, daring Victoria Thrower takes to the skies for a tandem skydive to raise funds for patient care from Saint Francis Hospice.

## Fundraisers boost hospice's coffers

A GOLF day and skydive have helped to raise more than £17,000 for Saint Francis Hospice.

Earlier this month golfers including snooker star Steve Davis and sports promoter Barry Hearn braved the wet weather for the charity's Autumn Golf Day, which was sponsored by Barry's company Matchroom Sport.

The day, held at Abridge Golf & Country Club, raised £15,000, which will be used by Saint Francis Hospice to provide specialist medical care.

Meanwhile, a group of four daring supporters took a leaf

out of Felix Baumgartner's book and took part in a skydive.

Builder Ian Veal, from Harold Hill, signed up because he wanted to do something different to bike rides, which he has undertaken before. He wanted to support the hospice because his father-in-law Henry Tarbox was cared for as an inpatient before he sadly died in January.

Ian said: "I thoroughly enjoyed the experience once the nerves settled and I hope to have raised £450 for the hospice. My father-in-law received fantastic care during his last few days and was made comfortable and treated with com-

passion and the hospice helped take the pressure off my mother-in-law."

Carer Victoria Thrower, from Dagenham, also joined in and said: "It was a good experience, a little scary, but I'm glad I did it. I've always wanted to do a skydive and I decided to sign up and support the hospice because a lot of people I work with have known people benefit from the care provided by Saint Francis Hospice."

Hospice fundraiser Lauren Josman said: "Thank you to all the adventurous skydivers and the golfers who were out in the rain, supporting the hospice.

The money you have raised could pay for 48 patients to attend a day hospice session where they can speak to doctors, counsellors or other patients and access other support. We rely on people in our community like you to help us raise the money required to provide our specialist medical care and support to local people affected by life-limiting illness when they need it."

To find out about upcoming events you can join in or other ways you can support the work of Saint Francis Hospice please visit the website [www.sfh.org.uk](http://www.sfh.org.uk) or call 01708 753319.

## Council set to take action over mattress dumping problem

RESIDENTS in Waltham Forest dump 800 mattresses on the borough's streets each month – and now the council is taking action.

It costs an estimated £1.5million per year to clear the dumped mattresses and councillor Clyde Loakes, cabinet member for environment, is now pushing for the Department for Environment, Food and Rural Affairs to take action.

Last week he wrote to Secretary of State Owen Paterson over the matter.

"The problem is partly down to the private rented sector where the high turnover of tenants in short-term lets leads to a high turnover of cheap mattresses," Mr Loakes said.

"As a council we currently have no recourse to charge the letting agents for this activity, despite this problem being a direct result of their commercial activity."

"Mattresses are also very difficult to recycle owing to the range of components used to make them, and accordingly recycling facilities that deal with mattresses specifically are scarce.

"I made three requests to DEFRA," Mr Loakes added. "The first was to look to ban mattresses from landfill – helping to stimulate further commercial interest in recycling.

"The second was to introduce a compulsory take-back scheme to ensure the producer takes the responsibility for the end use of mattresses, as has been done successfully on other products.

"And finally, I would like to see Government introduce a facility to allow us to levy an annual charge against those companies undertaking a commercial letting agent function in our borough – similar to that allowed to pay for policing and cleaning up for late night licensing."

Those looking to dispose of a mattress or bulky item can arrange for them to be picked up free of charge by the council. Call 020 8496 3000, e-mail [wfdirect@walthamforest.gov.uk](mailto:wfdirect@walthamforest.gov.uk) or visit [www.walthamforest.gov.uk/bulky-collections](http://www.walthamforest.gov.uk/bulky-collections)

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**SLAM DUNK:** Forest YMCA representatives took part in the basketball challenge.

## YMCA is on the ball

FOREST YMCA joined with millions of people worldwide to take part in the biggest ever basketball event.

The event was part of a world record attempt, although confirmation of whether the participants did enough is not due until January 2013.

YMCA staff and residents took part - including mascot, Brewster the Bear - as well as members of the community.

Deborah Hudson, the Youth Development Manager at Forest YMCA, said: "This was a fantastic event to showcase what the YMCA

does in general. Not just housing the homeless but running a youth programme where young people can develop and have fun in a safe environment.

"I was so pleased to see so many people participate and help reach the overall five million shot target."

## Repairs underway on park water main

ESSENTIAL works to replace a water main under Central Park in Dagenham are under way.

The water main runs from the corner of the park by Bell Farm Avenue to a valve near the car park next to the tennis courts. Works, which are expected to last until Christmas, will take place along a 600m long narrow

strip of land between these points.

Essex & Suffolk Water, which is carrying out the works, said disruption to park users will be kept to a minimum, with footpaths diverted wherever possible. The area of excavation will be fenced off to protect the public.

The works will not affect Dagenham Rugby Club's

pitch. Some football pitches will be out of bounds, but any booked matches will be held on alternative pitches.

Council leader Liam Smith said: "These works are essential, and I would ask park users to be patient while they are carried out. Although there will be minor inconvenience, we're confident that it will be kept to an absolute minimum"

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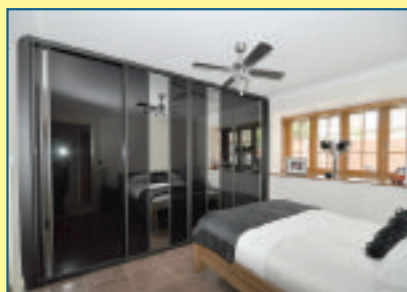


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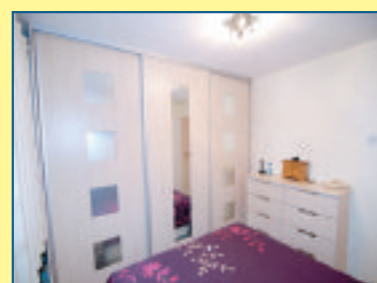


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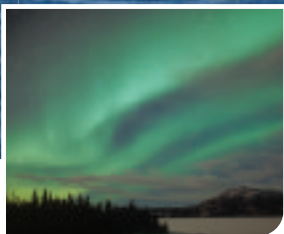
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<b>British Isles Discovery</b>	10	Apr 7, Jul 26	£929	£839	£419.50
<b>Springtime Fjordland</b>	7	Apr 16, 22	N/A	£619	£309.50
<b>Baltic Cities &amp; St Petersburg</b>	13	May 5, Aug 24 Sep 21, Oct 20	£1239	£969	£484.50
<b>Majestic Fjordlands</b>	8	Apr 28	£719	£559	£279.50
<b>Fjordland Splendour</b>	9	May 17	£849	£649	£324.50
<b>North Cape &amp; Land of the Midnight Sun</b>	13	Jul 14	£1309	£1029	£514.50
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<b>The Northern Lights</b>	15	Oct 6	£1449	£1129	N/A*

\*Cruises excluded from buy one get one half price deal.

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# Ilford mum joins fellow cancer survivors at star-studded event

A MUM from Ilford joined other cancer survivors for the launch of a star-studded Stand Of Fame in Leicester Square last week.

Inspired by the Hollywood Walk Of Fame, the 21-metre long catwalk allowed people to literally put themselves in the shoes of superstars. It featured more than 30 pairs of shoes belonging to a glittering array of celebrities from the world of film, TV, music, comedy and sport - all proudly displayed on glamorous podiums and available for the public to try on and strut their stuff like superstars.

The collection included satin shoes worn by Dame Helen Mirren at a movie premiere, custom training shoes sported by heavyweight boxer David 'Hayemaker' Haye and classy heels belonging to singer Alexandra Burke.

The display was put together in honour of Stand Up To Cancer, the new fundraising collaboration between Cancer Research UK and Channel 4.

Among those attending the launch was single mum Seema Sharma, who has been successfully treated for breast cancer.

Seema was diagnosed in October 2009, the day before the Hindu festival of Diwali. She discovered the lump on her chest while playing with her daughter Shanti.

By chance she had a smear test the next day, so asked about the lump while she was there. However, she says that



**SURVIVOR:** Seema Sharma with her youngest daughter Shanti.

being Asian, 'going to the doctor is something she wouldn't have done' if it weren't for that pre-booked appointment.

Seema had a lumpectomy, mastectomy, chemotherapy and radiotherapy, which ended in June 2010. She fully embraced her hair loss and refused to wear wigs. A YouTube video she made thanking her friends for their support received 21,000 hits.

Seema decided that having cancer and being able to share

her story and raise awareness in the Asian community was her calling. She has gone on to write a song about her experience and frequently gives talks in local schools about cancer - she's hoping to debunk some of the myths around it, as well as make kids aware that it can happen to anybody.

Seema lives with her mother and her two kids Shanti, five, and Kalvin, 14.

For more information visit: [www.standuptocancer.org.uk](http://www.standuptocancer.org.uk)

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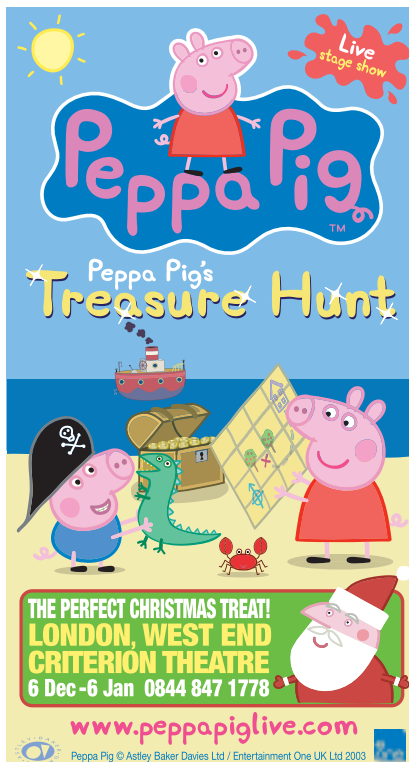
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# Team to crack down on blue badge fraud

A SPECIALIST team has been put into operation on the streets of Waltham Forest to combat the issue of bogus blue badges.

Legitimate blue badges make a difference to the quality of life of disabled people by allowing them

to park in special bays and spaces that reduce the distance they have to travel to get to shops and services.

However, others abuse the system and gain an advantage by producing and using fakes.

Councillor Clyde Loakes, cabinet member for environment, said: "The fact that people actively take advantage of something that is designed to help people coping with disabilities is beyond the understanding of all right-

minded people.

"However, we have to deal with the reality and at Waltham Forest Council we have decided enough is enough. In addition to being morally reprehensible it is also a criminal offence to use a fake, lost or stolen badge, or to use someone else's blue badge."

The new team will pursue anyone caught and make them liable for a fine up to £1,000.

As well as patrols actively seeking out those who abuse the system, the council is also urging residents to report any suspected fraudulent use.

"The abusers who commit this fraud do so for no other reason than personal gain," Mr Loakes added.

"This type of fraud costs the taxpayer thousands of pounds annually. Help us stamp out this sort of behaviour by shopping anyone who you know is out shopping while misusing a blue badge."

To report someone you suspect is misusing a blue badge in the borough, phone 0845 331 2392 and select option 5.



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## Salon goes pink for charity

STAFF at a hair salon group have been in the pink as they look to support a charity awareness campaign.

Uppercut Hair Group staff members have been ditching their usual black outfits for all things pink on Saturdays throughout October in aid of the 'Wear It Pink' breast cancer campaign.

As well as the staff dressing up, clients can buy pink ribbon badges or a limited edition pink ghd Stylers, which have been created for the Breast Cancer awareness month.

The group's six salons in Redbridge, Havering and Brentwood have been taking part and competing with



PINK: Staff at Uppercut Hair Group.

one another to raise the most amount of money.

Manageress Lauren Paton said: "I am so pleased to see my team come together for

such a fantastic cause, we have all decided to donate the tips we earn during October to the breast cancer charity."

## Fun and games at AGM

MORE than 70 people attended Redbridge CVS's AGM last week – but it was not the usual boring meeting.

The afternoon started with the participants enjoying the opportunity to do something different – learning to knit; playing card games; seated physical activities; talking about their lives and backgrounds; sharing their favourite recipes; being shown how to use their electronic equipment; contributing to a 'Gratitude Wall.'

Everyone joined in



TALK: Nilda Dias and Liz Pearce at the AGM.

with great enthusiasm, and even the Mayor of Redbridge, Muhammed Javed, was taught how to knit.

Four students from Mayfield School shared their knowledge of modern tech-

nology, and volunteers with the RedCAP project made sure that everyone had the chance to join in and feel part of things.

After the formal part of the meeting, Volunteer Centre

manager Liz Walker gave a presentation on the range of volunteering in the borough, and was followed by an interview of Nilda Dias, who gave up her time as a Gamesmaker during the Olympics.

Nilda, who is from Portugal, said: "For me volunteering is giving time to others. But, by giving time, we get something back. Since I started volunteering, I've recovered myself – I have my self esteem back and I feel confident – I don't feel so shy."

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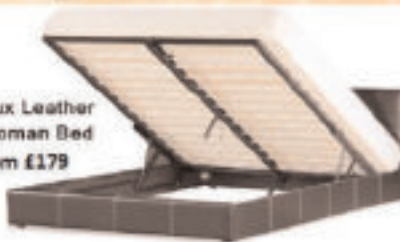
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PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at [www.yellowad.co.uk](http://www.yellowad.co.uk)

### Saturday, October 27

- Antiques, Vintage and Collectables Fair - St Teresa's Church Hall, Station Road, Chingford, 10am-4pm, refreshments available.
- Nearly New Sale - Redbridge National Childbirth Trust, Christchurch Hall, Wanstead Place, off Wanstead High Street, 10.45am, entry £1 per family, quality clothes for babies and children up to 6 years, plus baby equipment and maternity clothes, café available.
- Jumble Sale - Parkside Community Centre, 176 Goodmayes Lane, Goodmayes, 11.30am, in aid of Diabetes Research, admission 30p.
- Walk - Ramblers' Walk Essex Group, meet 10.30am, Kings Head pub, North Weald, 7 mile circular via Greenstead Church.
- Play - Theydon Bois Drama Society, Theydon Bois Village Hall, Coppice Row, Theydon Bois, 'Fallen Angels' - comedy by Noel Coward, 8pm, tickets £7, box office Mr and Mrs James 01992 812250, showing 25th to 27th October.
- Havering Sailing Club - Stubbers Outdoor Pursuit Centre, Ockendon Road, 12pm, Saturdays until the end of November, newcomers welcome, June Hutson 01375 846153 or John Slocombe 01708 222658.

### Sunday, October 28

- Farmers Market - Valentines Mansion and Gardens, Emerson Road, Ilford, 11am-3pm, 020 8708 8100.
- Walk - Epping Forest HF Group, meet 10.30am Chingford Station, 6 mile autumn walk through Epping Forest via High Beach, 020 8504 1329.
- Walk - Ilford and District C&A Rambling Club, meet 10.30am Piccadilly Circus underground station, south side exit, 5/6 miles finishing Goodge Street Station, 020 8926 4593.
- Strides Badminton Club - Wanstead Leisure Centre, Redbridge Lane West, Sundays 3.30pm, new members welcome,

- aged 18 years and over, all levels, beginners, average and advanced players, details Mark 020 8598 8435 (before 9.30pm).
- Goresbrook Squash Club - We run Essex Squash Men's and Ladies teams every Sunday 6.20-9pm, £3, 07814 902002.
- Learn to Dance Modern Jive - Hainault Forest Community Centre, every Sunday 7-10.30pm, 07768 006588.
- Sunday Service - Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm, 07974 108350.
- Sunday Services, Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
- Sunday Services - Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am-noon.

### Monday, October 29

- Bingo - Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, every Monday and Wednesday 1.30pm.
- Multi-denominational Healing - Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barkingside (next to public car park, Fullwell Cross roundabout), every Monday (except Bank Holidays), 7-9pm, no charge, free donations welcome, 020 8550 5650.
- Yoga Classes - The Peterhouse Centre, Walthamstow, Mondays 1-3pm and at Tiptree Community Hall, Barkingside, 7.30-9.30pm, call Kay Russell 020 8554 7168.
- Aerobics and Toning - Hainault Baptist Church, Franklin Gardens, Mondays 7.30-8.30pm, all levels welcome, 07745 726342.
- Scottish Country Dancing - Epping Forest Scottish Association, Woodford Green Prep. School, (off Glengall Road), Mondays 8pm, new dancers welcome, first visit free, 07710 854267.
- Line Dance Class - Woodford Bowls Club, Kings Avenue, Woodford, for beginners and improvers, every Monday morning, further details 01708 722956.

### Tuesday, October 30

- Free Junior Hockey Sessions - Walthamstow Academy, Billet Road, E17 5DP, 7-8pm, Tuesdays (4 September - 4 December), 07909 913121.
- Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, every Tuesday 1.30-4pm, 020 8595 3973.

## what's on

- St Francis Mother and Toddler Club - Evangelical Church, Fencepiece Road, Barkingside, Tuesdays 1.30-3pm (term time), adults £1, children free.
- Duckling Club - Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, Tuesdays 10am-noon, 020 8514 1255.
- Tea Dance - Woodward Hall, Woodward Road, Dagenham, mainly Ballroom and Latin American, Tuesdays 2-4pm, 020 8592 8402.
- Folk Dance - Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barkingside, Tuesdays 8-10pm, 020 8559 8505 (eve).
- Old Time and Popular Sequence Tea Dance - Abridge Village Hall, Tuesdays 2-4.30pm, 020 8550 5061.
- Salsa Classes - Latin aboard the Tereza Joanne Boat, permanently moored at King George V Dock, E16, Tuesdays 7.30pm, 020 7511 5000.

### Wednesday, October 31

- Halloween Spooky Walk - Hainault Forest Country Park, Forest Road, Chigwell, free although a donation towards costs is appreciated, children under 16 must be accompanied by an adult, arrive any time between 5-7pm, limited capacity for some activities so please book in advance, 07985 069800.
- Wings for Women Support Group - For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, details 0208 556 7111 or 020 8923 7498.
- Meeting - Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.
- Table Tennis, Forest Community, Guildford Road, Walthamstow, every Wednesday 8pm, new members welcome, details Ray Massey 020 8524 4289.
- Meeting - Friends Club, St Cedds Church (opposite Homebase), Wednesdays 1-4pm, short mat bowls and snooker, 50p per session.
- Live Blues Jam - Coach and Horses, 391 High Road, Leyton, featuring guests, regulars and house band musicians, entrance £2 listeners, £1 musicians, all welcome singers and drummers especially, every Wednesday, 8.30-11.30pm, 020 8502 0351.
- Ilford No. 1 Senior Citizens Club - Royal British Legion, Durban Road, Seven Kings,

Ilford, every Wednesday 12.30-3pm, call Eddie 020 8551 5079.

Social Club - Wanstead House, The Green, E11, quizzes, table tennis, card games, debates, talks, scrabble, every Wednesday 8.10-10.30pm, 020 8514 8046.

### Thursday, November 1

- Circle Dancing to World Music - Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4 including refreshments, beginners welcome, no partner needed, Pat 020 8556 3508.
- Meeting - Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.
- Social Meeting - Redbridge Stroke Club, Loughford Youth Centre, Thursdays 2-4pm, enquiries 020 8220 5878.
- Christian Women's Meeting - Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), Thursdays, 2.30pm.
- Meeting - Loughton Astronomical Society, Theydon Bois Scout Hall, Loughton Lane, Theydon Bois, Thursdays 8pm, anyone interested in astronomy welcome.
- Indoor Short Mat Bowling Group - Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, Thursdays 8-10pm, facilities for disabled players, call Ken 020 8504 9044.

### Friday, November 2

- Breathing for Health - Faircross Community Centre, Hurstbourne Gardens, Barking, 4-5pm, details Jean 07946 215996/020 8591 5830.
- Friendly Club - Pensioners Club at United Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome, 020 8517 6256.
- Meeting - Redbridge 18 Plus, York Room, Ilford Central Library, Clements Road, Ilford, Fridays for 18 to 36 year olds, sports and social club.
- Pipes and Drums - Waltham Forest Pipe Band, Royal British Legion, 31 Dunton Road, Leyton, pipers, drummers and learners welcome, Fridays 8pm, 020 8520 1727.
- Mummy Boot Camp - Wanstead Fridays Centre, exercise with your baby, Fridays 11am, to book call 07719 626642.
- Flamenco Dancing - Classes - Scout Hall, 1 Stephenson Road, E17, Fridays 9.45-10.45am, beginners welcome, (term time), 07804 879294.

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**ATTRACTIVE** lady, long blonde hair, blue eyes, GSOH, likes meals out, cinema, picnics, football, home life, seeks attractive, N/S, slim-medium build male, 58-62, Tel No: 0906 500 3766 Box No: 323633

**CARRIE** 38 curvaceous full figured lady, single mum to one and very lonely, WLTM appreciative male for a fun social drink hopefully leading to more, Tel No: 0906 500 3766 Box No: 397585

**ADELE** 23yr old young looking blue eyed brunette, size 10, busty, seeking tall male up to 38yrs for fun texts and flirty dates, Tel No: 0906 500 3766 Box No: 397457

**JACKIE** 32 attractive classy professional, blue eyes, brown hair, healthy/trim, well travelled, feminine, smart, seeks male, 40-50yrs, Tel No: 0906 500 3766 Box No: 391013

**GEM** black 58, caring, down to earth, size 16-18, likes most things, homely, seeks caring male, 55-60 for friendship, Tel No: 0906 500 3766 Box No: 393727

**BLACK** lady, late 30's, no ties, likes country walks, gardening, cinema, seaside, seeks male, Tel No: 0906 500 3766 Box No: 393272

**5FT** female, brown hair, 39, single mum, seeks caring, dedicated guy, Tel No: 0906 500 3766 Box No: 397915

**KAT** 37, slim build and active looking for male 30-45yrs for easygoing discreet friendship with benefits, Tel No: 0906 500 3766 Box No: 397403

**REBECCA** brown hair/eyes, medium build, shy, likes animals, N/S, likes cosy nights in, walks, gardening, cuddles, seeks male in the Canterbury area, Tel No: 0906 500 3766 Box No: 375995

**CONFIDENT** fun female bored of spending time alone, looking for fun man to share lots of laughs and good times, Tel No: 0906 500 3766 Box No: 370177

**SLIM-MEDIUM** build female, blonde hair, blue eyes, likes restaurants, bowling, cinema, picnics, seeks N/S male with GSOH, 59-65, Tel No: 0906 500 3766 Box No: 397423

**SLIM** blonde female, likes football, meals out, cinema, seeks nice looking male, slim-medium build, N/S, 58-62 with GSOH, Tel No: 0906 500 3766 Box No: 320009

**SHARON** slim size 10 blonde, hopsy, loves nights out, looking for new adventures with tall, dark, fit considerate male to look after, Tel No: 0906 500 3766 Box No: 397395

**LADY** 44, 5ft 2ins, slim, kind, caring, loyal, seeks tall, good looking white guy, 42-48 for friendship, maybe more, Tel No: 0906 500 3766 Box No: 397833

**SLIM** attractive lady, young in mind and looks, seeks N/S man, 59-64 with GSOH, Tel No: 0906 500 3766 Box No: 393057

**LYNDA** very attractive attached female, own transport and willing to travel, seeking similar natured male for extra circular activities. Must be discreet, Tel No: 0906 500 3766 Box No: 386653

**HONEST** sincere caring lady, 40's, looking for over 40yrs N/S romantic honest sincere gentleman with GSOH for friendship, possible LTR, Tel No: 0906 500 3766 Box No: 371809

**CHAT817**

Text to 65125

JM817

Text to 65125

**FEMALE** likes picnics, bowling, cinema, restaurants, seeks attractive man, 58-62, Tel No: 0906 500 3766 Box No: 371961

**STACY** 39, green eyes, blonde hair, toned body, looking for genuine loving male to enjoy good times in or out and to fall in love with, Tel No: 0906 500 3766 Box No: 397495

**GENUINE** professional black female, 40yrs, 5ft 7ins, size 12, seeks educated, professional, affectionate well spoken white male 35-50yrs, Tel No: 0906 500 3766 Box No: 389699

**FEMALE** seeking loving, kind, romantic, trustworthy male with good personal life, Tel No: 0906 500 3766 Box No: 397737

**CLARE** 5ft 5ins, looking for soul mate, older man, 45-50's with car to settle down with, Tel No: 0906 500 3766 Box No: 389133

**SINGLE** mum, new to Canterbury, 37, attractive, blonde, seeking soul mate, preferably with car, Tel No: 0906 500 3766 Box No: 397751

**JACKIE** 5ft 3ins, medium build, arthritis, church goer, seeking Christian male, mixed race for companionship, Tel No: 0906 500 3766 Box No: 395585

**CARIBBEAN** female, 60, 5ft 2ins, size 14, likes travel, cinema, theatre, seeks gentleman, 60-65, Tel No: 0906 500 3766 Box No: 321075

**SLIM** early 60's lady with many interests, WLTM sincere male 65-70yrs, Tel No: 0906 500 3766 Box No: 397083

**SUZANNE** 35, beautiful blonde, seeks discreet male for chats and a relaxing glass of wine anytime, ACA, status unimportant, Tel No: 0906 500 3766 Box No: 342527

**PATRICIA** outgoing, confident, feminine, warm, friendly, smart, good company, attractive, seeks similar male, Tel No: 0906 500 3766 Box No: 347215

**LADY** mid 60's, seeks gent, 6ft plus of similar age for friendship, maybe more, Tel No: 0906 500 3766 Box No: 396341

**FIONA** 49, pretty, slim, blonde, seeks generous gent, 65 plus for mutually rewarding liaisons. Discretion assured and expected, Tel No: 0906 500 3766 Box No: 396187

**YOUNG** looking blonde, 53, likes football, music, holidays, seeks caring male, 50-55 for LTR, Tel No: 0906 500 3766 Box No: 392796

**LADY** mid 60's, seeks gent of similar age for friendship, maybe more, Tel No: 0906 500 3766 Box No: 395281

**BLACK** lady, bubbly, friendly, kind, black hair, brown eyes, seeks Irish male to love and care for me, Tel No: 0906 500 3766 Box No: 394767

**FEMALE** 25, professional, likes nights out, socialising, seeks male, Tel No: 0906 500 3766 Box No: 360961

**ATTRACTIVE** mature, outgoing Caribbean female, seeks interesting companion for socialising, good conversation and glass of wine, Tel No: 0906 500 3766 Box No: 367799

**JANE** pleasant, slim, enjoys socialising, seeking someone of similar age, 65-70 for company, Tel No: 0906 500 3766 Box No: 394779

**52YR** old single mum, likes car boots, seaside, walks, TV, N/S, seeking white male, 40's, easygoing, laidback for friendship, maybe more, Tel No: 0906 500 3766 Box No: 397959

**YOUNG** looking female, 64, attractive, nice personality, seeks nice Essex man, 63-70 for friendship, maybe more, Tel No: 0906 500 3766 Box No: 395089

**YVONNE** 60, seeks male/female friends for chats, any age, Tel No: 0906 500 3766 Box No: 397641

**LING** beautiful, slim, languages teacher, 23, seeks older gent for friendship, maybe more, Tel No: 0906 500 3766 Box No: 371313

**CURVY** lady, size 18, 52, seeks honest, decent male, 40-50 for lasting relationship, Tel No: 0906 500 3766 Box No: 387343

**SRI** Lankan female, attractive, kind, many interests, seeks British white male, 35-40, kind, honest and caring for LTR, Tel No: 0906 500 3766 Box No: 393219

**BEAUTY** 21, seeking older, solvent gent 70 plus for friendship/relationship, Tel No: 0906 500 3766 Box No: 392697

**38YR** old attractive female, likes swimming, seeking British, professional, handsome male for serious relationship, Tel No: 0906 500 3766 Box No: 391758

**OUTGOING** attractive slim lady, 60's, seeking mature male to move on, Tel No: 0906 500 3766 Box No: 392111

**LINDA** bubbly 62yr old, attractive, seeks gent

## MEN seeking

for meals out, good times and maybe more, Tel No: 0906 500 3766 Box No: 392053

**BELINDA** petite 49, seeking male of similar age for friendship, Tel No: 0906 500 3766 Box No: 391577

**51YR** old female, brown hair/eyes, GSOH, seeking genuine guy for love and romance, Tel No: 0906 500 3766 Box No: 390615

**CARING** romantic old school lady, seeking old school type gent, 45 plus for friendship, possible relationship, Tel No: 0906 500 3766 Box No: 387249

**CAROLE** fair hair, blue eyes, 5ft 7ins, likes countryside, beach, walks, cooking, pubs, socialising, seeks sincere, kind male for friendship, maybe more, Tel No: 0906 500 3766 Box No: 369949

**ATTRACTIVE** nurse, likes meals out, cinema, reading, seeks nice gent, up to 65, tall, good looking, N/S for LTR, Tel No: 0906 500 3766 Box No: 386241

**49YR** old professional black lady, likes meals out, holidays, cinema, seeks honest, sincere, genuine white male for friendship, maybe more, Tel No: 0906 500 3766 Box No: 390241

**ATTRACTIVE** black female, likes keep fit, travel, cinema, socialising, seeks honest

genuine male for friendship, maybe more, Tel No: 0906 500 3766 Box No: 389547

**FEMALE** 62, looking for genuine, sincere, kind gent, 60-70 for LTR, Tel No: 0906 500 3766 Box No: 386685

**BLACK** woman, 40's, caring profession, average build, home owner, funny, reliable, caring, seeks white male of similar age, professional, honest and funny for LTR, Tel No: 0906 500 3766 Box No: 386921

**LADY** kind, caring, loving, seeks white male, single, mature, loving, caring, 46-69 for loving relationship, Tel No: 0906 500 3766 Box No: 384859

**AMY** slim, beautiful female, 28, seeks older, retired gent who knows how to treat a lady, Tel No: 0906 500 3766 Box No: 380177

**CHRISTINA** young student, new to London, seeks older retired gent, 75 plus for friendship/relationship, Tel No: 0906 500 3766 Box No: 374551

**VANESSA** attractive, glamorous black lady, 5ft 6ins, curvy size 14, seeks caring, loving, solvent, generous, white male, 35-55 for fine dining and travel, Tel No: 0906 500 3766 Box No: 387184

**BLONDE** tanned female, trendy, 46, GSOH, likes walks, pubs, nights in, seeks male, Tel No: 0906 500 3766 Box No: 384852

**BABE** seeks mature white male for discreet fun, you won't be sorry I know how to treat my man. Any area London Tel No: 0906 500 3766 Box No: 356997

## GAY seeking

**LOOKING** to meet or chat to someone, look no further: text CHAT817 to 65125

**BUILDER** 43, tall, good looking, GSOH, kind, considerate, easygoing, seeks lady, Tel No: 0906 500 3766 Box No: 398025

**RICHARD** 47, dark hair, blue eyes, 5ft 6ins, slim-medium build, likes theatre, holidays, music, seeks female, 33-67 for happy LTR, Tel No: 0906 500 3766 Box No: 393191

**MIKE** from Canterbury 57, medium build, GSOH, varied interests, sign language interpreter, seeks slim female, 21-42 for LTR, Single mum welcome, Tel No: 0906 500 3766 Box No: 379673

**SEEKING** my dream girl, 50 plus female, N/S, petite/medium build/buxom, freckled natural red/auburn haired beauty for fun and games with Chris 5ft 7ins, medium build, N/S male, Tel No: 0906 500 3766 Box No: 392592







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## Public Notices

Notice is hereby given pursuant to s. 27 of the Trustee Act 1925, that any person having a claim against or an interest in the estate of the deceased is hereby required to send particulars in writing of his claim or interest and to send such particulars before the date specified, after which date the personal representative will distribute the estate among the persons entitled thereto having regard only to the claims and interests of which they have had notice and will not, as respects the property so distributed, be liable to any person of whose claim they shall not then have had notice.  
Surname: MARTIN, Forename: ETHEL, Address: 56 Brunswick Road, Leyton, E10 6RS. Date of Death: 4th October 2012. Particulars to: The Wilkes Partnership, 41 Church Street, Birmingham B3 2RT, within two months of the date of advert.

### SPECIAL TREATMENT PREMISES NOTICE

TAKE NOTICE THAT I, Rakshshanda Nadeem have applied to the London Borough of Redbridge for the grant of a Special Treatment Licence in order that the premises known as Pace Hair & Beauty, 119 Ley Street, Ilford, IG1 4BH may be open for the business: Manicure/Pedicure. Massage and Facial, Electrical Treatments, Waxing, Hair Dressing, Threading, Make Up.  
Anyone wishing to oppose the application must give notice in writing to: Chief Community Safety Officer, Perth Terrace, Ilford, Essex IG2 6AT within twenty one days specifying the grounds of opposition.  
Persons objecting to the grant of a Licence must be prepared to attend in person at a hearing before a Committee of the Council.  
Dated: 25th October 2012

## PUBLIC NOTICE

Edward James Property Services are now in receipt of an offer for the sum of **£146,500 for 9 Agnes Gardens, Dagenham, Essex RM8 3BS.**

Anyone wishing to place an offer on this property should contact  
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## Public Notices

**PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) REGULATIONS 1990**  
**NOTICE UNDER REGULATION**  
**TOWN & COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995**  
**NOTICE UNDER ARTICLE 8**

The following developments affect the character or appearance of the relevant conservation area:

**2114/12 Applicant:** Mrs. Walker **Address:** 98, Woodlands Avenue, Wanstead, London, E11 3QY **Description:** Demolish existing rear projections. New rear conservatory. **Aldersbrook Conservation Area**

**2116/12 Applicant:** Ms. J. Clark **Address:** 41, Harpenden Road, Wanstead, London, E12 5HL **Description:** Steel storage bike shed in front garden. **Aldersbrook Conservation Area**

**2112/12 Applicant:** Mr. Z Khan **Address:** 4, Hoveton Way, Ilford, IG6 2GP **Description:** Demolish existing conservatory. Single storey rear extension. Conversion of garage into kitchen. **Claybury Conservation Area**

**1965/12 Applicant:** Mr. K Rahman **Address:** 87, Water Lane, Seven Kings, Ilford, IG3 9HT **Description:** Demolish existing rear conservatory. Single storey rear extension. New front porch. **Mayfield Conservation Area**

**1573/12 Applicant:** Mr. C Cornwall **Address:** 20, Westrow Gardens, Seven Kings, Ilford, IG3 9NE **Description:** Formation of front porch. **Mayfield Conservation Area**

**2167/12 Applicant:** Vodafone (UK) Ltd, C/O Agent **Address:** Orwell Lodge, 2-4, Hermitage Walk, Snaresbrook, South Woodford, London, E18 **Description:** Installation of a 600mm transmission microwave dish attached to existing plant room located on the roof of Orwell Lodge, associated equipment to be located in existing equipment box. **Snaresbrook Conservation Area**

**2177/12 Applicant:** Mr. E Huang **Address:** 10, Carlina Gardens, Woodford Green, IG8 0BP **Description:** First floor side extension with two front dormers and balcony to first floor rear. **Woodford Green Conservation Area**

**2119/12 Applicant:** Mr. H Spencer **Address:** 4A, Sunset Avenue, Woodford Green, IG8 0ST **Description:** Retention of outbuilding. **Woodford Green Conservation Area**

**2157/12 Applicant:** Mr. A Kwok **Address:** 404, Roding Lane South, Woodford Green, IG8 8EY **Description:** Rear extension to existing warehouse and new plant room to side elevation. **MAJOR APPLICATION**

**2171/12 Applicant:** Mr. J. O'Keefe, Childrens Services - LBR **Address:** Mayespark Primary School, Goodmayes Lane, Ilford, IG3 9PX **Description:** Two storey building to provide an additional entry comprising 8 classrooms on the middle of the site on playing field. Increase in playground to provide additional play area. Associated parking. **MAJOR APPLICATION Mayfield Conservation Area within 15m**  
Applications can be inspected at the Council's First Stop Shop on the ground floor of Lynton House, 255-259 High Road, Ilford Essex IG1 1NN until 21 days from the date of this notice between the hours of 8.30am and 4.30pm Mondays to Fridays and 9.30am to 4.30pm Wednesdays. If you require information contact the planning Services on 020 8708 2053. Representations should be made in writing to Planning Service s within 21 days of the date of this notice. Fiona Dunning - Head of Development Management. Date: 25th October 2012. **DC No. 1948.**

### New Premises Licence Under the Licensing Act 2003 Application Notice

Notice is given that Mr. Niyazi Er has applied to Waltham Forest Council for a new premises licence at: 67 Station Road London E4 7BU in order that the following licensable activity can take place: The Sale of Alcohol for consumption on the premises during the following times: Monday to Sunday from 08:00hrs to 23:00hrs seven days a week throughout the year. The licence register listing details of the application is held at the Licensing Service Environmental Health & Trading Standards Sycamore House, Waltham Forest Town Hall Complex, Forest Road, London E17 4JF, Tel: 020 8496 3000, Email: [licensing@walthamforest.gov.uk](mailto:licensing@walthamforest.gov.uk). Any representations against this application must be made in writing and received by the Licensing Service at the above address, by no later than the 15th day of November 2012. Residents and businesses in the vicinity of the premises, or their representatives, may make representations on licensing objectives grounds only, i.e. the prevention of crime and disorder, the prevention of public nuisance, public safety and the protection of children from harm. Copies of all representations will be sent to the applicant. It is an offence, liable on conviction to a fine up to £5000 for an applicant to knowingly or recklessly make a false statement in connection with the application.

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**ROYAL DOULTON** 2 cut crystal glass Champagne Flutes, New £15 **ROYAL DOULTON** 2 cut crystal 6" Hi-Ball glasses, New £15. **WHISKY TUMBLERS**-Set of 6 cut crystal glass Tumblers £45 **WHISKY SHOT GLASSES**-2 from Edradour & Ord Distilleries. Both boxed, New £5 Tel: 01708 459043.

**CREDA ENERGY SAVE TUMBLE DRYER** various settings really reliable only £50. **CREDA ENERGY SAVE TUMBLE DRYER** various settings really reliable only £50. **CREAM LEATHER ARMCHAIR** with reclining and footstool extension, excellent condition, very good buy at only, £45. Tel: 07775510197.

**THREE MENS MOUNTAIN BIKES** 26in wheels, from £55. Three ladies mountain bikes, 26in wheels, from £50. Three boys mountain bikes, 20 & 24in wheels, from £25. Tel: 01268 767 959.

**SILVER CROSS POP BUGGY** Black/Green inc raincover & Cosytoes good condition from smoke and pet free home £45. **BRUIN I LOVE MY BEAR ALPINE XL Buggy** Beige inc raincover & cosytoes VGC from smoke and pet free home £35 call 07899 662158

**BED** 3ft single, black metal frame, ex-cd, buyer collects, £40. **RUNNING FRAME**, Carl Lewis, almost new, buyer collects, £50. **YAMAHA ELECTRONIC KEYBOARD**, PSR-79, buyer collects, £50. Tel: 01702 471340

**SOLID TOWING BAR** A-frame, tows second car driveway, bargain £99. **Pye cassette player**, suitable for 1970s car, £45. **Dell colour cartridges**, series 6, ref JF333, unused, six for £50. Tel: 01268 422 213.

**NINTENDO WII WHITE CONSOLE** all fixtures & fittings, inc 15-in-1 sports accessory pack, two controllers with protectors & hand straps, £50. Tel: 07943 317575.



**22 Yellow Adviser Series, Thursday**  
**BLUE & YELLOW TRIKE WITH CANOPY** suitable from 9mths, removable parent handle, £30ono. Choo choo express train, ride on, push button, 12 piece circular track, battery operated, £50. Tel: 01702 297 910.  
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**DOUBLE WARDROBE** two mirrored opening doors, white wood, one shelf, one rail, 31in wide x 70in high x 20in deep, moving hinge sale, bargain £40. Tel: Leigh on Sea 01702 475 702.

**GARDEN TRELLIS PANELS** rustic red, used but good order, four 6 x 6ft, £10 each, five 2 x 5ft, £6 each, 6ft posts, £2 each. Genuine WWII naval duffle coat, large size, £50. Tel: 01268 422 213.

**PURE SILK QUILT DOUBLE** matching silk cushions, shell pink, from White company, cost over £150, immaculate cond, £30. RAY BAN WAYFARER SUNGLASSES 1980s, exe cond, £30. Tel: 01702 231 871.

**ROCKING HORSE** height 30in head to rocker, saddle, reigns, stirrups, brown with black mane, vgc, £45. Mamas & Papas baby walker, vgc, £40ono. Baby door swing, vgc, £15. Tel: 01277 220 226.

**SEKONDA** Pocket Stopwatch. Made in USSR. Boxed £25. ONYX Heart Pendant with 18" Silver Chain £12. SARAH COVENTRY Silverstone Pendant £10. Tel: 01708 459 043.

**BLACK GARMENT SUIT CARRIER** used once, £60, now £24. Travel pro beige expanding case 30in x 20in, hanging toilet bag & suit carrier, used once, £50. 60 Danielle Steel paperback books £25. Tel: 01375 409 664.

**LEAPSTER MULTI-MEDIA LEARNING SYSTEM** with case, five games & leappad and five adjoining books, exe cond, £40. Large cage, suitable pet rat or small animal, exe cond, £25. Tel: 01708 342 248.

**SCHREIBER PEMBROKE 21 KITCHEN DOORS** and draw fronts different sizes, plus display cupboard with glass door, cornice & pelmet, £90. VINYL FLOORING brand new, 3m x 2.7m, £35. Tel: 01268 767 966.

**SIX MODERN DINING ROOM CHAIRS** heavy pewter frames, navy & gold seats & backs, cost £300, sell £100. Five arm chandeliers, £20. Scalloped Italian side/coffee table, £30. Tel: 01702 335 647.

**14IN RALEIGH CRUSH BIKE** bag, purse & stand, £30. Pink etc princess castle wendy house £10. Disney princess dressing table & stool, vgc, £20. Tel: 01268 293 376.

**F/REEL DIAWA MATCH** £25 + Diawa f/reel £15 + Other f/gear too be priced qualcast 125 elec/mower back box £10 golf trolley not used vgc £15 phone. Tel: 01702 340 470

**FISHING REEL** Diawa match £25 + Diawa fishing reel £15 + Other fishing gear too be priced qualcast 125 elec/mower back box, £10 golf trolley not used vgc £15. Tel: 07748189315.

**FRIDGE UNDER WORKTOP** white, modern, vgc, can deliver, £65. Cooker electric, white, modern, separate oven & grill, vgc, can deliver, £99. Tel: 01708 469 127.

**LADIES JEANS** nearly new, M&S, Next, size 8S, 10S, 12S, £2.50 per pair. LADIES FULL LENGTH WOOLLEN COAT, beige, size 10, £20. Tel: 01375 409330.

**LARGE SOFA BED FOR SALE** turns in double bed, excellent condition. DISPLAY CABINET FOR SALE, 2piece, storage on bottom display on top with light, £45. Tel: 07837782242

**MOSES BASKET** vgc, plus stand, £15ono. SQUASH RACKET, three, £10 each. BAD-MINTON RACKET, three, with covers, £10 each. Tel: 07507 141821.

**Tri-walker** £30. Wheelchair, £80. Tel: 01268 693 843.

**TWO BOYS BIKES** green, XK200 professional, 24in, exe cond, £35. Tel: 01708 343674.

**SINGLE SIZE DIVAN BED** as new, £40. Tel: 01708 554067.

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**WOODEN THOMAS THE TANK CRANKY CRANE** £10 ono. Push around blue & yellow car, removable floor, suitable garden, £10ono. Tel: 01702 297 910.

**ARSENAL FOOTBALL KIT** 12-18mths and Arsenal PJ's 18-24months, both brand new as unwanted gifts. £25 for both. Tel: 07867 836 410.

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**KENWOOD STEREO SYSTEM** six cd changer plus deck, £50. DARK WOOD & MARBLE FIRE SURROUND £50. Tel: 07855 046 668 Grays area.

**TV OR DRINKS CABINET** Queen Anne legs, £8. Attractive coffee table green leather top, extended sides, £20. Tel: 01375 843 357.

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**NEW, PRESTIGE COPPER BASED SAUCEPAN SET** five saucepans, one milk pan, one frying pan with lid, £80. Tel: 01375 409664.

**RETRO WARDROBE & CHEST DRAWERS** high formica gloss, immac cond, circa 1970, buyer collects, £50. Tel: 07757 280 709.

**WOMENS BLACK LEATHER SKIRT** size 14, length 24in, vgc, £30. Ladies black leather single breasted jacket vgc, size 14, £45. Tel: 01708 552 193.

**Bush Washing Machine** 1400 spin, white, excellent condition, hardly used, £95. Tel: 01708 509 750.

**DISPLAY CABINET** for sale 2 piece, storage on bottom display on top with light, £45. Tel: 07837 782 242.

**ECHO HOSTESS TROLLEY** complete with dishes & lids, fully working order, g, £60. Tel: 01702 203140.

**LADIES DRESSES** new or worn once, sizes 8, 10, 12, various styles & colours, from £5 to £19.99. Tel: 07500 017 161.

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**WARDROBES** one double, plus matching four drawer chest, cream, vgc, £75. Tel: 01708 780279 or 07790 894225.

**BOSCH 40/17 ELECTRIC CHAINSAW** as new, £50. Bosch GB4 hammer drill, £50. Tel: 01277 655 741.

**GRAVITY WALKER EXERCISE MACHINE** digital counter, good condition, £25 ono. Tel: 01268 698 989 Canvey.

**JAEGER DOUBLE BREASTED BEIGE FULL LENGTH RAIN COAT** size 14, £40. Tel: 020 8500 5250.

**TWO 4 X 4FT MATCHING GATES WITH POSTS** vgc, £60. Tel: 01702 512 192 or 07957 155 622.

**VENETIAN TRIPLE DRESSING TABLE MIRROR** best quality, new, cost £175, accept £50. Tel: 01702 231 871.

**3-IN-1 table tennis, hockey & pool table**, g, £50, free delivery. Tel: 07853 608143.

**CHICKEN WIRE** 9m long x 6ft high, green, includes delivery, £40ono. Tel: 07831 942 046.

**SILVER DISHWASHER** standard size, £35 ono. Tel: 01375 846 363.

**TENT** high gear, separate porch & footprint, vgc, only used three times, £99. Tel: 07802 611 034.

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Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testimonials, goods, cash, cash stamps or payments of any kind must not be enclosed. A Box Number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies.

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All advertising must contain the name of the advertiser, phone number alone are not permitted.

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The service you have requested may require us to carry out a credit search at a credit-referencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors.

Data controller will use your information for administration and analysis. We may share your information with other Tindle Group Newspaper companies or carefully selected third parties. We, or they, may send you details of other goods and services, which may be of interest to you. The information may be provided by letter, telephone or other reasonable means of communication. Calls may be recorded or monitored for training purposes.

Special conditions apply with regard to the advertising of adult services, which are outlined to all persons submitting such advertisements.

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7pm till 7am

please call for website details

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Call: 07922 141 762  
Please call for  
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Yellow Advertiser, London & Essex Newspapers advises readers that the content of the advertisements in this section relate to products and services of an adult nature. We accept these for publication in accordance with guidelines issued by the Newspaper Society and the Advertising Standards Authority, together with our own policies and procedures. If you have any concerns or comments about the nature of the material in this section, or complaints about specific advertisements, please contact:  
**Scott Wood on 01268 503400 or write to**  
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## ADULT INTERESTS

Calls cost £1.53 per/min at all times. TEXT 87070 cost £1.50 per message. Mobile call charges may vary. JMedia UK, London, SW4 7BX. wc **221012**

Simply dial the number below the advert!

**LISA** independent 34yr female, v attractive, curvy, many interests. WLTm male to give me lots of adult attention with no ties. **Tel No: 0906 500 6358 Box No: 397399**

**HI** I am Marion a blonde brown eyed homely girl who likes the company of other people, looking for male 45plus to fall in love with. **Tel No: 0906 500 6358 Box No: 397393**

**ZOE** 31yr old independent petite redhead, very pretty, good figure, confident, seeking male for tie without complications. **ACA. Tel No: 0906 500 6358 Box No: 38957**

**TASHA** single working mum seeks likt hearted man, 35-45 who also likes to enjoy life to the full for passion, romance and tie. **Tel No: 0906 500 6358 Box No: 387047**

**SUSAN** gorgeous 29yr old lonely Scottish lass new to area and at loose end, seeking reliable caring male up to 40yrs for friendship/more. **Tel No: 0906 500 6358 Box No: 393465**

**DEBBIE** attractive petite brunette with big blue eyes looking for good company from romantic-educated male Status/age unimportant. **Tel No: 0906 500 6358 Box No: 393511**

**ALISHA** blue eyed petite brunette, likes to keep fit, cooking, holidays, seeks male 30-45 for special times. **Tel No: 0906 500 6358 Box No: 392399**

**MICHELE** very attractive black single mum, 32yrs, someone you could take home to your mother, seeking a one in a million guy. **Tel No: 0906 500 6358 Box No: 391879**

**PRETTY** petite dark hair/eyed 28yr old divorced single mum, great figure, lots of interests. OHAC, seeks genuine male also looking for someone special in their life. **Tel No: 0906 500 6358 Box No: 381721**

**NATALIE** professional 30's female, no ties, everything a classy blonde should be, looking for special times with male up to 65yrs. **Tel No: 0906 500 6358 Box No: 391871**

**CHRIS** attractive slim sophisticated redhead, seeking male 30-50's to relax with and get to know. Discretion assured. **Tel No: 0906 500 6358 Box No: 392401**

**CARRIE** 38 blonde eyes, blonde, voluptuous, curvy, looking for professional gent up to 50yrs LTR. Call me to meet up for a casual drink and chat. **Tel No: 0906 500 6358 Box No: 380881**

**LISA** sexy blonde 31yrs, extremely fit and outgoing, seeking male for casual friendship with benefits. Discretion assured. Any age/looks. **Tel No: 0906 500 6358 Box No: 380879**

**SOPHIE** lonely fun attractive female, 21, looking for fun nights out and cosy nights in with similar male, any age/looks. **Tel No: 0906 500 6358 Box No: 389731**

**ALISON** single caring attractive professional looking for adult companionship with understanding male. **Tel No: 0906 500 6358 Box No: 388119**

**DEBBIE** slim outgoing approachable attractive lassie, 30yrs, GSOH, sporty, looking for no serious fun male for friendship, maybe more. Any age/looks/status. **Tel No: 0906 500 6358 Box No: 387101**

**JEAN** blue-eyed slim blonde, certainly not looking for time wasters. WLTm likeminded male to enjoy cuddles and all the simple things life has to offer. **Tel No: 0907 308 0272 Box No: 387067**

**DAWN** 33yr old female looking for discreet companionship with understanding, non-jealous, respectful male 35-55yrs. Status unimportant. **Tel No: 0906 500 6358 Box No: 383065**

**MEL** tall curvy attractive blonde, loves cosy nights in with a good bottle of wine, looking for some male attention and company. **Tel No: 0906 500 6358 Box No: 379971**

**BECKY** single 29yr old slim female, attractive, blonde, seeking good times with fun male who does not take life too seriously. Status/age unimportant. **Tel No: 0906 500 6358 Box No: 383057**

**MAGS** Scottish lass in limbo, looking for fun times without all those mundane relationship complications. Must be honest, status unimportant. **Tel No: 0906 500 6358 Box No: 376581**

**TANTALISING** temptress! Now I have your attention! Diane passionate lonely lady looking for male companionship, cosy nights in and more. Any age/looks. **Tel No: 0906 500 6358 Box No: 377507**

**PAT** well travelled outdoorsy type, easy to get on with, social, seeking guy for casual friendship maybe more. Any age/status/looks. **Tel No: 0906 500 6358 Box No: 377983**

**JULIE** pretty blonde blue eyed single mum, 30yrs, WLTm nice male for fun meets, meals in/out and to get to know. Looks unimportant. **Tel No: 0906 500 6358 Box No: 377981**

**ALICE** 18yr old tall blonde carefree student, looking for exciting male 18-30 for good times only. **ACA. Tel No: 0906 500 6358 Box No: 387107**

**Hi I'm Jo**, petite, pretty, fed up with own company, seeking male to help me get back into the swing of things, for uncomplicated fun times together. **Tel No: 0906 500 6358 Box No: 387103**

**ANNE** new to the area, loves travel, cinema, theatre, seeking sane happy male to share social, fun, romantic and loving times together. Status unimportant. **Tel No: 0906 500 6358 Box No: 388977**

**MICHELE** fit trendy 40's female, no ties, good job, OHAC, fun to be with, looking for honest trustworthy male for friendship, poss ltr. **Tel No: 0906 500 6358 Box No: 389757**

**MARTHA** 36yr old busty black female with many interests seeking genuine loving male who enjoys home cooked food, fussing and good conversation. **Tel No: 0907 308 0272 Box No: 387065**

**SUE** 45yr old slim attractive blonde, loves working out, cooking, meals out, animals, looking for romance and good times with appreciative male. **Tel No: 0906 500 6358 Box No: 381711**

**TANYA** mixed race beauty 34, tall, slim, active, intelligent, romantic, feminine, discreet, WLTm older male who can appreciate a sensual female. **Tel No: 0906 500 6358 Box No: 377985**

**DEBBIE** attractive young looking divorced female, seeking male who wants but does not need a special someone in their life, single dad welcome. **Tel No: 0906 500 6358 Box No: 390077**

**LYNN** 37 single mum, petite slim and very pretty, seeking caring funny guy to be with and become my Mr Wonderful. Dads welcome. **Tel No: 0906 500 6358 Box No: 386633**

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# YellowSport

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## Triple triumph for the Triumph triple champ

### Motorsport

HAVING already clinched the champion, a motorcycle racer from Rainham could have been forgiven for easing off for the last round at his home track.

Unfortunately for the Triumph Triple Challenge field, this was not the case as champion Rob Guiver took the final two wins at Brands Hatch last weekend.

Guiver's intentions were clear from the start, and he topped both qualifying sessions to take pole position.

Race one on Saturday started with a damp slippery track and from the off Guiver kept out of trouble allowing the riders ahead to find the limits.

Fifth position at the end of lap one, Guiver made his move to the head of the field on lap four, and took the win by a gap of just over five seconds.

Fine weather greeted the field for race two and Guiver assumed

his position at the front.

However, Phil Atkinson was looking for a way through on lap three, the pair touched and Guiver dropped down to third place.

Guiver chased down the leading pair of Atkinson and James Egan passing both on the very next lap to take his rightful place at the front and held on to take another well deserved victory by 2.581 seconds.

Guiver said: "Everyone told me that I was under no pressure at Brands and that's OK if you don't want to win but I really wanted to finish in style.

"I've had a brilliant year, 12 wins is fantastic and I've finished every race which is a first for me, so it's a dream come true.

"Winning the championship at Silverstone was great, but Brands Hatch is my local track so this is definitely the highlight of the season. All my friends and family are here so to win both races is unbelievable."



Picture by Eric O'Brien

## Win for Hammers

WEST Ham moved up to seventh in the Premier League table after a convincing 4-1 victory over Southampton on Saturday afternoon.

The game sprang to life after half time as the Saints' defence went missing and the Hammers took full advantage.

Sam Allardyce must have put a rocket up his players at half time and they responded by taking the lead a minute after the restart when Mark Noble's 35-yard free kick crept in at the far post.

And it was 2-0 two minutes later as Yossi Benayoun crossed for Kevin Nolan to tap home. Jay Rodriguez then set up Adam Lallana to pull one back for the visitors, but it was to prove nothing more than a consolation.

Jose Fonte handled Noble's free kick in the box and the Hammers midfielder duly dispatched the resulting penalty past Artur Boruc.

Substitute Modibo Maiga then came on for the hard-working Andy Carroll and produced a wonderful solo effort to make it 4-1 to the home side.

## Orient lose to Us

LEYTON Orient were beaten 2-0 at home to Colchester United on Tuesday night.

A piece of Anthony Wordworth magic and an Ian Henderson second-half strike were enough to sink the O's.

Russell Slade's men have now scored once in nine hours of football, although they may count themselves unlucky when Scott Wagstaff appeared to have a good goal disallowed.

"I thought we created the three best chances of the evening," Slade said. "I shall certainly be speaking to the referee about the disallowed goal.

"We have come up against a very strong Colchester side that played well. But, the chances we there for us tonight. Their first goal is a really good finish, but they broke and we switched off a little bit. Sometimes, you have to put your hands up."

Orient entertain Coventry City this Saturday (kick-off 3pm).

## Daggers get draw

DAGENHAM & Redbridge were held to a 1-1 draw with Exeter City on Tuesday night.

Medy Elito gave the Daggers the lead in the 37th minute with his first goal of the season.

And it looked as though things were going to get even better for the home side when Elito went down in the box under challenge from Grecians keeper Artur Krysiak.

However, Michael Spillane stepped up to take the resulting spot kick, and blasted it high over the bar with half time looming.

The visitors came into the game more in the second half and earned themselves a draw when journeyman striker Jamie Cureton curled the ball home from the edge of the box.

The result leaves the Daggers in 19th place in League Two, just four points above the drop zone, while Exeter ended a run of three consecutive defeats.

Next up for Dagenham is the visit of Aldershot, who beat Southend United 2-1 on Tuesday.

## Rocks earn replay with City with Colchester waiting

### Non League Football

EAST Thurrock United snatched a late leveller to earn a replay against Chelmsford City in the final qualifying round of the FA Cup - with Colchester United awaiting the winners.

Sam Higgins gave the Rocks the lead after 14 minutes at Melbourne, before David Bridges equalised just before half time.

It looked as though the Clarets had booked their place in the first round proper when Kenny Clark netted on 87 minutes, but their was to be a further twist to the proceedings.

Eight minutes into stoppage time, Max Cornhill turned into his own net to set up a replay at Rookery Hill, which was due to be played last night.

Back in the league, AFC Hornchurch suffered a 1-0 defeat at home to Eastbourne Borough in the Blue Square South with Chris Shepherd scoring the only goal of the game on 70 minutes.

Ten-man Concord Rangers suffered a 4-0 defeat at the hands of Cray Wanderers in the Ryman Premier Division.

A mix-up in defence gave Leigh Bremner the opening goal on four minutes, and it stayed that way until Steve King saw red for the home side on the hour mark.

Rangers fought off the challenge bravely but two late goals from Paul Vines and another from Laurent Hamici sealed the win for Eastbourne.

There was better news for Canvey Island, who won 3-1 away at Harrow Borough. Kevin Dobinson have the Gulls the lead just before half time, with Joakim Ehuu levelling just after. However, Bradley Woods-Garness restored Canvey's lead on 59 minutes with Ashley Dumas adding a third five minutes later.

Thurrock drew 1-1 with Margate as Stuart Thurgood gave the home side the lead from the penalty spot on 37 minutes and Thomas Murphy levelling just after half time.

A Joao Carlos hatrick helped Grays Athletic to a 4-1 victory over Harlow Town in the Ryman North after an impressive second half performance.

Grays, who now sit third in the table, found themselves a goal down to Thomas Davies 29th

minute goal. They got back into the game on 63 minutes when Harry Agombar scored from the spot before Carlos netted a 10-minute hatrick.

Romford scored big as they put six past AFC Sudbury. Paul Clayton got the scoring underway before Ryan Imbert made it 2-0. Lee Boylan pulled one back from the penalty spot and the levelled the scores. But Nick Reynolds put Romford back in front, Imbert added another and Tom Richardson made it 5-2.

Boylan then completed his hatrick, but so did Imbert for Boro to make the final score 6-3.

Ilford were on the wrong end of a 6-1 scoreline as they went down to Needham Market. Oliver Fenn and Duane Wright put Needham 2-0 up before Warren-Hughes Mfula got Ilford's only goal of the game. James Evans and Nathan Clarke added a brace each as the visitors ran riot.

Brentwood Town picked up a 3-2 win over Witham Town, while Tilbury lost 4-2 at Heybridge Swifts.

Maldon & Tiptree won 4-0 at Redbridge, while Jordan Cox netted twice as Aveley won 4-1 at Ware.

### Rugby Union

## Barking remain bottom after eighth defeat

BARKING remain bottom of SSE National League Two South after their eighth consecutive defeat this season.

Second placed Shelford ran up 38 points to Barking's seven in a convincing win.

There were also defeats for the two local teams in the National League Three London & South East.

Thurrock were beaten 20-25 at home to Dorking, while Westcliff lost 14-19 to CS Rugby 1863.

London One North leaders Bury St Edmunds continued their winning ways with a 34-10 success over Brentwood, while Eton Manor are second after their 32-0 win over Diss. Chingford were involved in a high-scoring match, but went down 57-26 at Luton, while Rochford Hundred remain bottom after they lost 20-26 at home to Basildon.

Romford & Gidea Park lost 5-39 at home to Beaconsfield.

In London Two North East, Chelmsford were beaten 32-10 by Ipswich, but Woodford picked up an excellent 44-7 win over Stevenage Town.

East London were on the receiving end of a mauling as Wisbech ran in 97 points without return in London Three North East.

Upminster lost 30-5 to Cantabrigian, Canvey went down 16-19 to Beccles and South Woodham Ferrers won 18-13 at Harlow. The division's other games saw Wanstead lose 37-26 to Norwich and Old Brentwoods went down 23-12 to Sudbury.

### Snooker

## Legend Davis to keep on playing

ESSEX snooker legend Steve Davis insisted he could still be competing on the pro circuit at the age of 60, as he looked ahead to the Wyldcrest Park Homes World Seniors Championship.

The 55-year-old dominated snooker throughout the 1980s, lifting the World Championship trophy six times. He is still ranked 50th in the world and reached the quarter-finals at the Crucible two years ago.

"If I was a boxer I would be advised on health grounds not to go any further," said Davis. "The only thing that gets hurt as a snooker player is your pride, so as long as you can handle that you can carry on for as long as you want.

"I said I will retire when my ranking is higher than my age, but now I don't have so many ranking places to play with, so like every good politician I have to reassess my original statement. The challenge is how long I can stay a professional before I am effectively given the sack by the new brigade, how long can I push back the tide.

"Barry Hearn actually challenged me to make it until I'm 60 and that is a great target to aim for. Who knows I could be the only player on the tour applying for a bus pass!

"I have a hobby mentality towards snooker. If I looked at it as a profession, I would have to ask myself some serious questions as to what the hell I was doing with my life. But actually I do still enjoy the game, I love playing. If I lose I'm disappointed, but I look at the kid that's beaten me and say 'I'm older than your father, you should beat me!'"

Havering-based Wyldcrest Park Homes is sponsoring the championship, which runs this weekend at the Mountbatten Centre in Portsmouth and features Jimmy White, Dennis Taylor, Cliff Thorburn and Joe Johnson.



# Barking and Dagenham YellowAdvertiser



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We use Ultrasound technology similar to the kind used to carry out baby scans in hospitals, we even use the same gel. During the painless therapy all you will feel is a nice, warm sensation. This warm sensation is the fat turning to liquid and beginning to drain from your body.

As the Ultrasound passes through the fat cells inside your body it causes them to vibrate against each other, this causes the fat inside to change from a semi-solid state and to become a liquid. Once liquefied, the fat will begin to drain from the cell. The fat then passes through the lymph node system and exits the body through the digestive system in the normal manner. The fat will continue to drain from the body for the next 72 hours. To maximise lymph drainage and achieve the best results we recommend increasing activity levels to increase blood circulation.

Your consultant will chart your success and let you know exactly how many inches you have lost since your last session by measuring your target area before each treatment. We expect clients will need somewhere between 8 – 12 sessions per area to achieve their goals. You should allow 30 minutes per appointment and 3 days should be allowed between treatments.







One of our success stories...



Before



After

**Who:** Leslie Carey, 39

**Where:** The Slimline Clinic Nuneaton

**When:** 6 Weeks, June 2011

**What Happened:** Leslie had Ultrasonic Liposuction on her stomach and inner thigh but only lost  $\frac{3}{4}$  inch after 1st visit. She then lost 2  $\frac{1}{2}$  inches after her 2nd visit, before losing 16 inches in total over the course of her therapy.

**How:** We focussed Ultrasonic Liposuction on Leslie's inner thigh and stomach once a week (1 session on each area) for 6 weeks. After her 1st session Leslie ate take away food on 4 of the evenings, as well as drinking several pints of beer most nights. This resulted in slow progress. However, after only losing  $\frac{3}{4}$  inch in week 1, Leslie decided to drink a little more moderately, ate more balanced meals and as a result she then lost 2  $\frac{1}{2}$  inches between her 2nd & 3rd treatments. Leslie then resolved to adjust her lifestyle, she started eating & drinking in moderation, while making an effort to be more active generally. Leslie went on to lose 16 inches in total over her course which took in 12 sessions each on her stomach & inner thighs.

**Why was Ultrasonic Liposuction Needed:** Leslie has a demanding job as a director of an engineering firm, this lead to Leslie having a poor diet of take away food & beer, with little activity in her daily life due to a lack of time. Leslie arrived for her 1st session as a size 16, standing at 5' 6" tall

**Where are they now:** After achieving her target size and shape Leslie had lost 16 inches from her stomach and inner thigh. After completing her course and armed with her improved lifestyle and body shape Leslie felt inspired to take up Exercise! She began walking 3 evenings a week and therefore needed no more sessions to maintain her new size and shape!

To find out more please visit [www.theslimlineclinic.co.uk](http://www.theslimlineclinic.co.uk)

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The treatment works using ultrasonic technology similar to that used in ultrasound scanning machines. The frequency of the sound wave targets fat cells, causing them to turn into a liquefied state. This liquid fat then drains away via the body's lymphatic system over the next 72 hours leaving treated areas with a flatter and firmer appearance.

The difference between The Slimline Clinic's Non-Surgical Ultrasonic Liposuction and surgical ultrasonic liposuction is we allow the body to naturally filter the liquid fat instead of making incisions in the patient and using a tool to suck the fat out which can cause pain, bruising and scars.

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